

McGuire Senior Center Activity Calendar

April 2024

Sun	Mon	Tues	Wed	Thu	Fri	Sat
31	1 9:00 Crochet Club 9:30 Strength Training 11:00 Chair Exercise	2 9:30 Trip to ShopRite 11:00 Chair Yoga 11:30 Movie – Ninotchka	3 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:15 Strength Training 1:00 Golden Age Club Meeting	4 10:00 Coffee Chit-Chat 10:30 Line Dancing 12:00 Get Connected* *by registration only	5 10:00 Coffee Chit-Chat 11:00 Mah Jongg 12:00 BINGO	6
7	8 9:00 Crochet Club 9:30 Strength Training 11:00 Chair Exercise	9 9:30 Trip to ShopRite 11:00 Chair Yoga 11:30 Movie – An American in Paris	10 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:00 Healthy Bones Osteoporosis Presentation 12:15 Strength Training	11 10:00 Coffee Chit-Chat 10:30 Line Dancing 12:00 Get Connected* *by registration only	12 10:00 Coffee Chit-Chat 11:00 Mah Jongg 12:00 BINGO	13
14	15 9:00 Crochet Club 9:30 Strength Training 11:00 Chair Exercise	16 9:30 Trip to ShopRite 10:00 April Breakfast 11:00 Chair Yoga 11:45 Movie – Funny Face	17 9:00 Blood Pressure Check 11:00 Chair Exercise 12:15 Strength Training 1:00 Golden Age Pizza Bingo	18 10:00 Coffee Chit-Chat 10:30 Line Dancing 12:00 Get Connected* *by registration only	19 9:00 Podiatrist Visit 10:00 Coffee Chit-Chat 11:00 Mah Jongg 12:00 BINGO	20
21	22 9:00 Crochet Club 9:30 Strength Training 11:00 Chair Exercise	23 9:30 Trip to ShopRite 11:00 Chair Yoga 11:30 Movie – Gigi	24 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:15 Strength Training	25 10:00 Coffee Chit-Chat 10:30 Line Dancing 12:00 Lunch & Learn with Social Security* *by registration only	26 10:00 Coffee Chit-Chat 11:00 Mah Jongg 12:00 BINGO	27
28	29 9:00 Crochet Club 9:30 Strength Training 11:00 Chair Exercise	30 9:30 Trip to ShopRite 11:00 Chair Yoga 11:30 Movie – How to Steal a Million				