Thanksgiving



Z	D	I	Y	K	O	I	I	V	T	Y	O	B	Z	Z	P	G	N	I	F	F	U	T	S
J	T	U	A	W	N	R	S	W	E	E	T	P	O	T	A	T	O	E	S	N	G	G	X
W	H	C	D	D	T	H	S	A	U	Q	S	R	R	F	V	G	A	T	H	E	R	E	I
N	K	M	I	T	H	A	N	K	S	G	I	V	I	N	G	F	Q	J	U	D	J	C	P
A	K	A	L	N	J	A	T	H	A	N	K	F	U	L	Y	U	I	T	K	Z	C	M	O
F	N	Y	O	W	Q	H	T	U	O	M	Y	L	P	T	N	N	E	Y	A	K	E	O	N
S	J	F	H	W	J	Y	J	N	W	I	N	Y	D	D	K	B	I	D	D	H	L	Q	W
B	G	L	X	S	A	L	A	X	K	H	V	D	T	S	I	N	O	L	O	C	E	N	X
Y	P	O	B	Y	T	I	M	R	S	A	T	S	E	V	R	A	H	D	X	H	B	O	J
L	Y	W	C	Y	B	M	S	N	R	M	T	G	Q	C	O	S	O	C	U	X	R	V	S
R	D	E	R	M	Q	A	Y	G	H	Y	A	M	S	J	L	D	O	D	H	P	A	E	G
L	U	R	R	W	H	F	B	K	X	F	R	Y	D	L	X	R	F	W	H	D	T	M	N
W	O	R	C	E	R	A	C	S	N	K	T	W	O	B	N	R	I	Y	A	Y	I	B	I
P	N	E	C	A	M	Q	P	T	V	W	I	R	H	U	E	N	V	E	F	P	O	E	S
U	O	L	Z	C	Y	R	R	E	B	N	A	R	C	T	J	U	R	B	U	P	N	R	S
M	I	R	H	E	U	Z	Y	J	K	R	H	O	T	A	K	B	R	O	D	Z	F	W	E
P	T	C	C	Y	V	Q	C	Z	H	O	P	U	M	B	E	A	N	S	C	N	F	J	L
K	I	O	P	Z	S	P	I	O	K	I	B	R	I	Y	H	J	O	D	P	V	M	M	B
I	D	M	F	E	A	S	T	O	A	B	H	R	S	K	R	O	H	I	Y	H	A	M	S
N	A	B	O	H	X	X	J	Z	R	I	X	Z	K	P	I	L	G	R	I	M	S	W	T
P	R	T	C	H	O	C	O	L	A	T	E	P	I	E	V	I	O	D	I	E	S	W	K
I	T	D	P	F	P	R	R	K	P	L	L	A	B	T	O	O	F	E	U	J	O	G	B
E	S	E	O	T	A	T	O	P	Q	I	K	Z	Z	G	M	T	U	R	K	E	Y	C	W
K	N	O	I	T	A	C	A	V	J	A	R	W	O	Z	X	B	A	N	M	Z	O	S	R

SCARECROW	CRANBERRY	GATHER	TRADITION	THANKSGIVING
FOOTBALL	CELEBRATION	BLESSINGS	THANKFUL	FEAST
BREAD	BEANS	MAYFLOWER	HARVEST	CORNUCOPIA
GRAVY	STUFFING	BUTTER	SWEET POTATOES	CHOCOLATE PIE
PUMPKIN PIE	YAMS	SQUASH	CORN	HAM
TURKEY	ROLLS	POTATOES	INDIANS	PLYMOUTH
PILGRIMS	NOVEMBER	FAMILY	VACATION	HOLIDAY

The McGuire Flyer

November 2026

The James F. McGuire Memorial Senior Center

116 Paris Avenue

Northvale, NJ 07647

Phone: 201-767-3330 option 4

Open Monday through Friday

9 AM – 4 PM

Director: Michelle Newberg | Email: mnewberg@northvalenj.org

Access the Flyer online at northvalenj.org/senior-center



Fridays @ 12 PM

(Please arrive by 11:40 AM)





The Golden Age Page

From the Golden Age Desk of Vivian Abitabilo:

This time of the year is pretty with the warm weather and colored trees. Enjoy!

This is the month to give thanks for all we have, Happy Thanksgiving! Enjoy the day with family and friends.

The trip to Hunterdon Hills, is Tuesday, November 10th. We are accepting for a wait list. The show is a Christmas show. The food is good, don't forget the dessert buffet, and the shopping is outstanding. It's your chance to do early Christmas shopping.

We are collecting for the Christmas Party at Seasons Catering for Tuesday, December 8. We will have lists available indicating your attendance record so you know what to pay. This year, we are very excited to have our party at Seasons, so be sure to come with your checkbook to sign up! Also at the November meeting, Bruce Kern, a Medicare insurance specialist, will come to answer any questions about the changing atmosphere of medical insurance.

This needs to be repeated: due to our overwhelming membership: Please check your calendars when you sign up to prevent cancellations; *there will be no refunds!* Also, when you sign up, to avoid confusion, please bring a check for yourself only; do not include a friend on your check.

Looking forward to seeing you at our next meeting this year, November 4, 2026!

Please feel free to call me with any questions: 201-725-6646.

THE Golden Age CLUB

Upcoming Events

Date	Time	Description
November 3	**All Day**	**Center Closed – Election Day**
November 5	12 PM	Outsmarting Scammers
November 11	**All Day**	**Center Closed – Veterans Day**
November 12	12:30 – 2 PM	Jewish Home Family Presents: Clint Edwards on Piano
November 17	10 AM, 1:30 PM	November Breakfast, Caring for Your Teeth Over Age 60
November 24	1:30 PM	Thanksgiving Floral Workshop
November 25	1 – 2 PM	Widows & Widowers Support Group
November 26	**All Day**	**Center Closed – Thanksgiving Day**
November 27	**All Day**	**Center Closed – Day After Thanksgiving**

Adult Arts & Crafts



Zentagle Workshop

Saturday, November 28, 2026

10:30AM

Registration required. Priority to Northvale residents. Call 201-768-4784

NORTHVALE PUBLIC LIBRARY Growing Together

Northvale Public Library Presents:

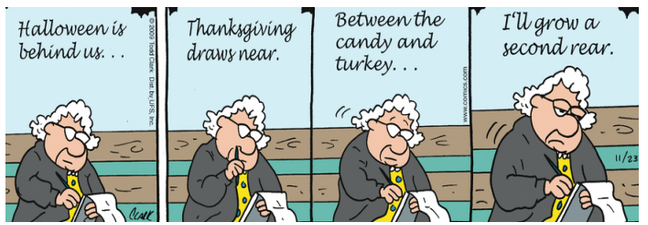
The Whole Story: An Intergenerational Yoga and Writing Circle

Unplug and move. Write and connect. Join us for this creative wellness experience for ages 10 and up, parents, and grandparents. Together, we will use gentle yoga, mindful movement, poetry, and journaling to quiet the mind, connect with the body, and discover stories within us.

Your facilitator, Tina Lanciotti, is a local teacher and writer, certified yoga and SEL instructor, and therapeutic writing facilitator. Tina creates welcoming spaces where movement and writing help us become more present, curious, and connected.

Friday, November 20th from 3:30 – 4:15 PM

On the front lawn of Northvale Public Library



Lynn Smothergill
Realtor Sales Associate
C: 201-741-2692
E:realtorlynn77@gmail.com
kw VALLEY REALTY
123 Tice Blvd. Woodcliff Lake, NJ
O: 201-391-2500
2024 FIVE STAR REAL ESTATE AGENT

Movies Shown Every Tuesday @ 11:30 AM (Refreshments Provided)

November Movies: Marking 40 Years without Cary Grant

(Died November 29, 1986)

November 3: No Movie (Center Closed for Election Day)

November 10: An Affair to Remember (Starring Cary Grant & Deborah Kerr)

A man and a woman have a romance while on a cruise from Europe to New York. Despite being engaged to other people, both agree to reunite at the top of the Empire State Building in six months. However, an unfortunate accident keeps her from the reunion, and he fears that she has married or does not love him anymore.

(1957) Rated: Not Rated – Romance/Comedy – 1 hr 59 min

November 17: His Girl Friday (Starring Cary Grant & Rosalind Russell)

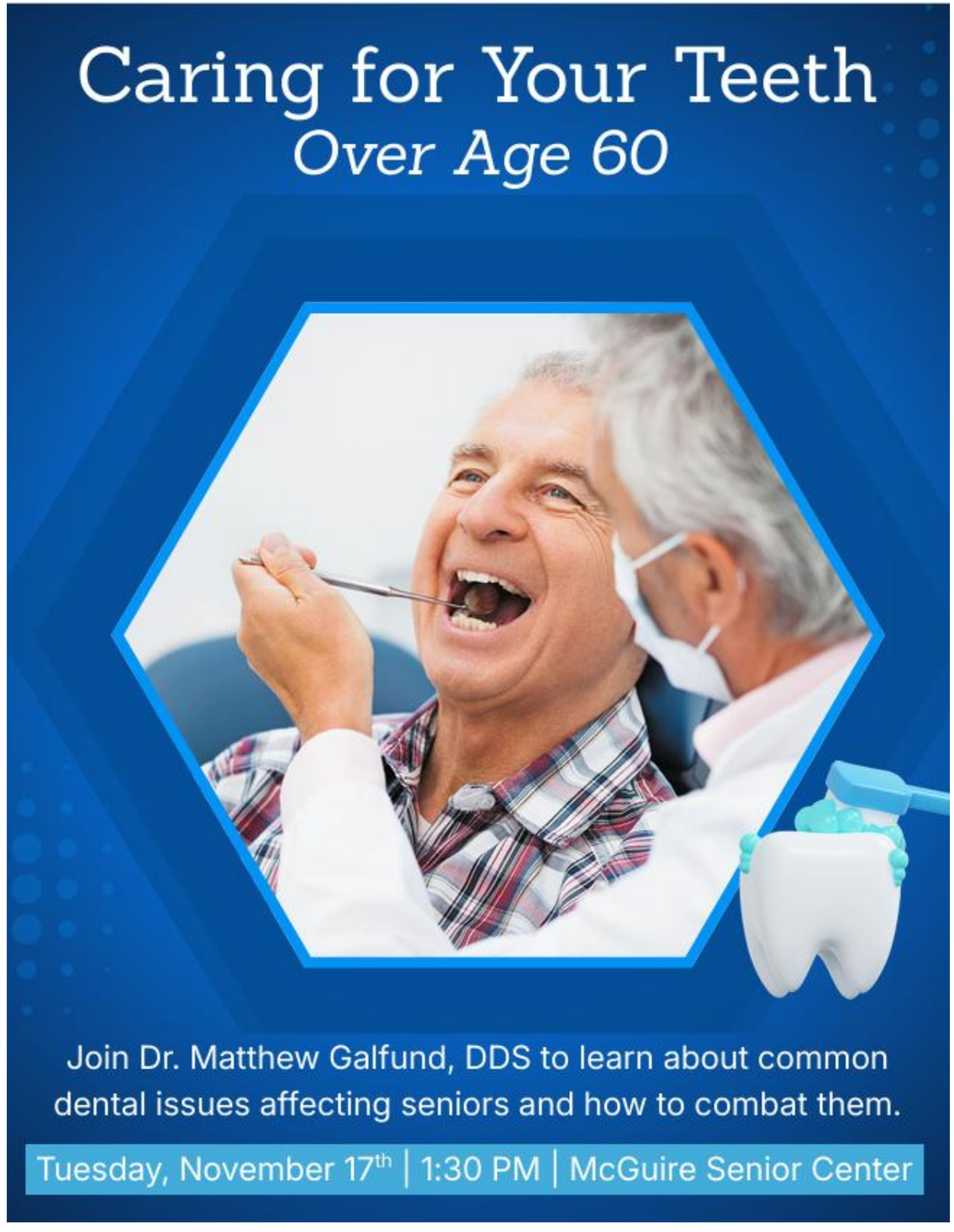
When hard-charging New York newspaper editor Walter Burns discovers that his ex-wife, investigative reporter Hildy Johnson, has gotten engaged to milquetoast insurance agent Bruce Baldwin, he unsuccessfully tries to lure her away from tame domestic life with a story about the impending execution of convicted murderer Earl Williams. But when Hildy discovers Williams may be innocent, her reporter instincts take over.

(1940) Rated: Not Rated – Romance/Comedy – 1 hr 32 min

November 24: The Awful Truth (Starring Cary Grant & Irene Dunne)

Jerry and Lucy are a married couple who doubt each other's fidelity: Jerry suspects Lucy and her music teacher of spending an evening together, and Lucy is convinced Jerry lied about a business trip. When the jealous pair file for divorce, both rush into new relationships, but quickly realize their love never died. The soon-to-be-divorced husband and wife then both scramble to spoil each other's chances for newfound romance.

(1937) Rated: Not Rated – Romance/Comedy – 1 hr 32 min



Edward Jones

> edwardjones.com | Member SIPC



You have the power to outsmart the scammers

Incidents of financial fraud are on the rise — and are becoming increasingly harder to detect. While no one is immune, there are steps you can take to *Outsmart the scammers.* Join us for this presentation and learn about the following strategies:

- How to spot certain red flags that may indicate a fraudulent encounter
- Resources you can use if you become a victim of fraud
- Steps you can take now to help protect yourself and your loved ones

You're Invited

Coffee & munchkins are on us.

November 5th, 2026
12:00 pm

Northvale Senior Center
116 Paris Avenue
Northvale, NJ 07647



Barry Teitelbaum
Financial Advisor
697 Bloomfield Ave
West Caldwell, NJ 07006
973-251-5535

Source: The Federal Reserve and Edward Jones estimates. The contents of this presentation are for informational purposes only.

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Northvale Public Library

MOCKTAIL MIXOLOGY

TUES. NOVEMBER 10, 2026
4:30 TO 6:00 P.M.

LEARN HOW TO MAKE
3 DIFFERENT MOCKTAILS
WITH RAVEN'S RESERVE.

PRIORITY FOR ADULT
NORTHVALE RESIDENTS.
CALL 201-768-4748 TO REGISTER.

NORTHVALE PUBLIC LIBRARY
Growing Together

116 PARIS AVENUE
NORTHVALE, NJ 07647

Celebrating the Harvest

Clint Edwards on piano

Northvale Senior Center

Thursday, November 12 at 12:30pm

12:30pm Free BP check and Stress Assessment

12:50pm Brief Introduction by Carol Silver Elliott, president and CEO of Jewish Home Family

1:00pm Clint Edwards on piano

Harvest themed refreshments

Sponsored by Jewish Home Family

This event is a proud part of our LEAD Program Initiative

Jewish Home Family

