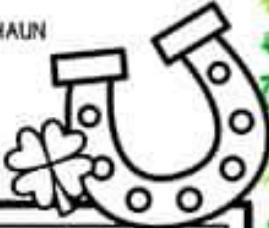


SAINT PATRICK'S DAY Word Search

BLESSING	DANCE	FOLKLORE	HAT	LEPRECHAUN
CELTIC	DUBLIN	FORTUNE	IRISH	LUCKY
CLOVER	EMERALD	GOLD	JIG	MAGIC
COIN	FESTIVE	GREEN	IRELAND	MARCH



N L R Y A Z G I C C O D W A J P J U P N

B R X U D B I M B T E N C N E E R G O T

P S R L R A L Q I S A L D P X W F Q N D

N G E V H G N H B P I J T Q O V C U W Y

K F V B R I V C S U I I R I S H A Y D J

E T D I L J K R E A Y D G Y C H U L K Y

V D L Y U E M A F W J U X B C S W R V U

I D C V S E S M K W W V C E V Z I L U T

T L V G L C T S F O W S R D L O G V D L

S A C F E I G H I C W P I C J K Y B W O

E R Y N A G A N U N E S P D U B L I N E

F E H L I A N I K L G B K I S E T Z Q R

B M U K E M R R V Z I E Q G F J J F Z O

M E E U G E Z Z H Q Z U M P P H G A T L

W Z U B L A I Y K A E Y W Y J T N W H K

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R G N G B G E U T N I O C Z V H D L C O

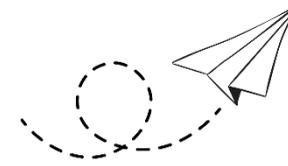
C D F X U X H B K B V C R I F W J A F F

C S N T X M D B A J N S A P G L E T R F

A X E E T K S Y K C U L K Y D H A T H U

LIFE STAR WORD SHEETS

The McGuire Flyer



March 2026

The James F. McGuire Memorial Senior Center

116 Paris Avenue

Northvale, NJ 07647

Phone: 201-767-3330 option 4

Open Monday through Friday

9 AM – 4 PM

Director: Michelle Newberg | Email: mnewberg@northvalenj.org

Access the Flyer online at northvalenj.org/senior-center

BINGO Fridays @ 12 PM

(Please arrive by 11:40 AM)

Happy
St. Patrick's
Day



The Golden Age Page

Upcoming Events

From the Golden Age Desk of Vivian Abitabilo:

Unfortunately the groundhog said 6 more weeks of winter and he really meant it!! Let's not make the weather an issue and enjoy the activities available to us despite the weather.

Dues collection for 2026 membership is closed, however our trips are not closed to non-members. We open a trip 2 months before the date to our members only, if there is room available you can go on the trip when we present it the following month.

We have openings for the April trip to the casino! We are trying Resorts Hudson Valley in Newburgh, NY; a new and closer casino with \$20. play and they supply a box lunch.

Our trip to LiGreci's, Wednesday, May 13 will open at the March meeting. The program is the Billion \$ Trio. LiGreci's is a real favorite, so be ready with a check, it goes fast!

This needs to be repeated: due to our overwhelming membership: Please check your calendars when you sign up to prevent cancellations; there will be no refunds! Also, when you sign up, to avoid confusion, please bring a check for yourself only; do not include a friend on your check.

Looking forward to seeing you at our next meeting this year, March 4th, 2026!

Please feel free to call me with any questions:
201-725-6646.



Date	Time	Description
March 5	12 PM	Painting Workshop with Shuli
March 9	12 PM – 2 PM	Get Connected (Session 1 of 3)
March 16	12 PM – 2 PM	Get Connected (Session 2 of 3)
March 17	10 AM	St. Patrick's Breakfast & Screening of "The Quiet Man"
March 18	9:30 AM	Blood Pressure Check
March 19	12 PM	St. Patrick's Day Party
March 23	12 PM – 2 PM	Get Connected (Session 3 of 3)
March 25	By Appt	VITA Free Income Tax Prep
March 26	By Appt	VITA Free Income Tax Prep

BLOOD PRESSURE CHECK – Every third Wednesday of each month from 9:30 – 11 AM (no appointment necessary, but please arrive no later than 10:30 to be seen)

PODIATRIST – We have made the decision to suspend our podiatrist program for the time being. Please call us if you'd like to see Dr. Rosen at home and we will refer you to him.

2026 Dues: We are now in March, which means we're almost at the deadline for 2026 dues! The grace period for dues spans the first quarter of the year. If your dues are not received by the end of March, you will not receive a newsletter in April. Dues are \$10 for Northvale residents and \$12 for everyone else. Thank you for your membership with us!

St. Patrick's Day
2026



Celebrate St. Patrick's Day at the McGuire Center!

First, enjoy green bagels at 10 AM. Tickets are \$5 per person and go towards our 50/50 raffle.

Then, stick around for a free screening of the classic St. Patrick's Day favorite film, "The Quiet Man" at 11:30!



Lynn Smothergill

Realtor Sales Associate

C: 201-741-2692

E: realtorlynn77@gmail.com

KW VALLEY REALTY
KELLEVILLE REALTY
123 Tice Blvd, Woodcliff Lake, NJ
O: 201-391-2500



Movies Shown Every Tuesday @ 11:30 AM (Refreshments Provided)



March Movies: All About Ireland (in honor of St. Patrick's Day)

March 3: **My Left Foot** (Starring Daniel Day-Lewis and Brenda Fricker)

No one expects much from Christy Brown, a boy with cerebral palsy born into a working-class Irish family. Though Christy is a spastic quadriplegic and essentially paralyzed, a miraculous event occurs when, at the age of 5, he demonstrates control of his left foot by using chalk to scrawl a word on the floor. With the help of his steely mother -- and no shortage of grit and determination -- Christy overcomes his infirmity to become a painter, poet and author.

(1989) Rated: R – Comedy/Drama – 1 hr 40 min

March 10: **Waking Ned Devine** (Starring Ian Bannen & David Kelly)

When best friends Jackie O'Shea and Michael O'Sullivan discover someone in their small Irish village has won the lottery, they immediately set off to see if the winner is in a sharing mood. Deducing that Ned Devine is the lucky man, O'Shea and O'Sullivan pay him a visit, only to find him dead from shock. Since Devine is the only one who can claim the prize, the townsfolk band together to convince the claim inspector that O'Sullivan is really Devine and split the cash.

(1998) Rated: PG – Comedy – 1 hr 31 min

March 17: **The Quiet Man** (Starring John Wayne & Maureen O'Hara)

After accidentally killing an opponent in the ring, boxer Sean Thornton leaves America and returns to his native Ireland, hoping to buy his family's homestead and live in peace. In doing so, he runs afoul of Will Danaher, who long coveted the property. Spitefully, Will objects when his fiery sister, Mary Kate, begins a romance with Sean and refuses to hand over her dowry. Mary Kate refuses to consummate the marriage until Sean retrieves the money.

(1952) Rated: Not Rated – Romance/Comedy – 2 hr 9 min

March 24: **P.S. I Love You** (Starring Gerard Butler & Hilary Swank)

When Gerry, the husband of Holly Kennedy, dies from an illness, she loses the love of her life. Knowing how hard Holly will take his death, Gerry plans ahead. Beginning on her 30th birthday, she receives the first in a series of letters written by him, designed to ease her grief and encourage her to move forward to a new life.

(2007) Rated: PG-13 – Romance/Comedy – 2 hr 6 min

March 31: **Small Things Like These** (Starring Cillian Murphy & Emily Watson)

In 1985, devoted father Bill Furlong discovers disturbing secrets kept by the local convent and uncovers shocking truths of his own. Based on the novel by Claire Keegan.

(2024) Rated: PG-13 – Drama – 1 hr 38 min

MCGUIRE SENIOR CENTER
ST. PATRICK'S DAY PARTY

Join us for corned beef, cabbage, soda bread, and more. We will also enjoy a performance by Northvale's very own bagpiper, **Brandan Hogan!**

• Thursday, March 19th •
12 Noon
• \$20 Admission •

Please RSVP by Friday, March 13th

Painting Workshop

Join local art therapist and educator Shuli Pilo for this still life painting practice! No prior experience is required, and all supplies will be provided.



Thursday, March 5th
12 Noon
McGuire Senior Center

Attention Bergen County Residents!



Want to get your 2025 income taxes prepared free of charge by an IRS certified volunteer right here at the McGuire Center?

How it works: Appointments are available Wednesday, March 25th and Thursday, March 26th. To schedule, please call or see McGuire Senior Center Director, Michelle Newberg.

Next, you'll meet here with a VITA volunteer on your scheduled date and time. Your federal and state tax returns will be prepared and reviewed with you present for the entire process. After you approve your completed tax returns, you will sign IRS Form 8879 for the electronic filing of your tax returns. Finally, the VITA Coordinator will e-file your income tax returns and provide you with a hard copy to keep with your tax files.

Basic Requirements:

- Bergen County resident
- Maximum income of \$65k
- Must not possess any rental properties
- Taxpayer and spouse must be present at appointment

Call Michelle Newberg to schedule:

201-767-3330 ext. 305



GET CONNECTED



1. Learn how life transitions associated with aging can lead to problems with alcohol and medications.
2. Learn the warning signs of an alcohol or medication problem and how these signs are hard to detect among older adults.
3. Learn how prevention and screening can help identify a need for help.

McGuire Senior Center
116 Paris Avenue, Northvale
Dates: Monday March 9, 16, 23
12:00-2:00

Lunch will be Served

\$25.00 Shop Rite Card will be given for attending 4 of the 6 sessions!

Limited Seating – Reservations Required Michelle Newberg (201) 767-3330

TECH FOR SENIORS COMPUTER BASICS

Learn the basics like set up, starting up a computer, browsing, email, how to shutdown, and more.

Wed. March 11th
Part 2 March 18th
10:30-11:30AM

Northvale Public Library
116 Paris Ave, Northvale NJ 07647
Call to register: 201-768-4784

