McGuire Senior Center Activity Calendar
November 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	**2** 9:00 Crochet Club 9:30 Strength Training with Steve 11:00 Chair Exercise 1:00 Zumba with Lauren	**3** **CENTER CLOSED** Election Day	**4** 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:15 Strength Training with Steve 1:00 Golden Age Club Meeting	**5** 10:00 Coffee Chit-Chat 11:15 Chair Pilates with Kim 12:00 Outsmarting Scammers 1:30 Beginner Spanish Class	**6** 10:00 Coffee Chit-Chat 10:30 Mah Jongg 12:00 BINGO	**7**
8	**9** 9:00 Crochet Club 9:30 Strength Training with Steve 11:00 Chair Exercise 1:00 Zumba with Lauren	**10** 9:30 Trip to ShopRite 10:30 Stretch & Strengthen with Betsy 11:30 Movie – An Affair To Remember	**11** **CENTER CLOSED** Veterans Day	**12** 10:00 Coffee Chit-Chat 11:15 Chair Pilates with Kim 12:30 – 2:00 Jewish Home Family Presents: Clint Edwards on Piano	**13** 10:00 Coffee Chit-Chat 10:30 Mah Jongg 12:00 BINGO	**14**
15	**16** 9:00 Crochet Club 9:30 Strength Training with Steve 11:00 Chair Exercise 1:00 Zumba with Lauren	**17** 9:30 Trip to ShopRite 10:00 November Breakfast 10:30 Stretch & Strengthen with Betsy 11:30 Movie – His Girl Friday 1:30 Caring for Your Teeth Over Age 60 with Dr. Matthew Galfund, DDS	**18** 9:30 Blood Pressure Check 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:00 Golden Age Pizza Bingo 12:15 Strength Training with Steve	**19** 10:00 Coffee Chit-Chat 11:15 Chair Pilates with Kim 1:30 Beginner Spanish Class	**20** 10:00 Coffee Chit-Chat 10:30 Mah Jongg 12:00 BINGO	**21**
22	**23** 9:00 Crochet Club 9:30 Strength Training with Steve 11:00 Chair Exercise 1:00 Zumba with Lauren	**24** 9:30 Trip to ShopRite 10:30 Stretch & Strengthen with Betsy 11:30 Movie – The Awful Truth 1:30 Thanksgiving Floral Workshop	**25** 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:15 Strength Training with Steve 1:00 – 2:00 Widows & Widowers Support Group	**26** **CENTER CLOSED** Thanksgiving Day	**27** **CENTER CLOSED** Day After Thanksgiving	**28**
29	**30** 9:00 Crochet Club 9:30 Strength Training with Steve 11:00 Chair Exercise 1:00 Zumba with Lauren					