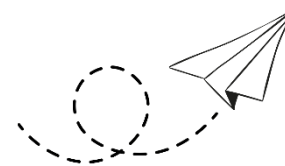


# FATHER'S DAY

## Word Search

# The McGuire Flyer



June 2026

### The James F. McGuire Memorial Senior Center

116 Paris Avenue

Northvale, NJ 07647

Phone: 201-767-3330 option 4

Open Monday through Friday

9 AM – 4 PM

Director: Michelle Newberg | Email: [mnewberg@northvalenj.org](mailto:mnewberg@northvalenj.org)

Access the Flyer online at [northvalenj.org/senior-center](http://northvalenj.org/senior-center)

**BINGO** Fridays @ 12 PM

**(Please arrive by 11:40 AM)**



**HAPPY FATHER'S DAY**

G	C	H	I	L	D	R	E	N	X	R	R	V	J	D	T	M	L	J
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BARBECUE	DINNER	HONOR	PRESENTS
BEER	FAMILY	JUNE	RESPECT
BRAVE	FOOTBALL	LOVING	SPECIAL
CELEBRATE	GIFTS	MEMORIES	SUNDAY
CHILDREN	GREETING CARD	MENTOR	SUPPORT
DEVOTED	HANDSOME	NECKTIE	TOGETHER

# The Golden Age Page

# Upcoming Events

From the Golden Age Desk of Vivian Abitabilo:

Summer is here! I think it came sooner than we wanted, let's hope the month of June will be pleasant!

Just a reminder, our meeting in June will be on the second, Wednesday, June 10 due to the fact that the club has a trip to Lancaster on the first Wednesday.

Our July cruise on the River Queen with lunch at the Shrimp Box still has openings, this is a pleasant boat ride preceded by a wonderful lunch. We will be opening the August trip to Surflight Theater to see Pretty Woman. This too has a wonderful lunch at the shore.

We open a trip 2 months before the date to our members only, if there is room available non-members can go on the trip when we present it the following month.

Also, the Mayor of Northvale made a request to the Golden Age to bring a grocery item for the food pantry. To celebrate our 250th anniversary of America, he would like us to accumulate at least 250 pieces of grocery items. There will be a box at the center for collection.

This needs to be repeated: due to our overwhelming membership: Please check your calendars when you sign up to prevent cancellations; there will be no refunds! Also, when you sign up, to avoid confusion, please bring a check for yourself only; do not include a friend on your check.

Looking forward to seeing you at our next meeting this year, June 10, 2026!

Please feel free to call me with any questions: 201-725-6646.



Date	Time	Description
June 2	All Day	Center Closed: Primary Election
June 4	10 AM	Neurographic Art with Theresa
June 8	12:30 PM	Bruce Hammer Presents: Time & Technology
June 16	10 AM	June Breakfast
June 17	9 – 10:30 AM	Blood Pressure Check
June 18	12:15 PM	An Afternoon with Vietnam Veteran Robin Bartlett
June 22	1 PM	Benefits of AI for Those Aging at Home

## Summer Nectarine Creamsicles

(serves 4)

### Ingredients

- 4 white nectarines, pitted & chopped
- 1/2 cup water
- 3/4 cups sugar
- 1/2 cup sour cream
- 1 cup heavy cream
- 1/2 teaspoon vanilla extract
- 1 teaspoon lemon juice



### Instructions

1. In a medium saucepan, cook the nectarines and water for about 10 minutes over medium heat, stirring occasionally to ensure even cooking.
2. Remove from heat and stir in sugar. Let the mixture cool down to room temperature.
3. Using a blender or food processor, blend the nectarine mixture with the rest of the ingredients.
4. Place the mixture in a large bowl and chill for at least 2 hours, then transfer to the freezer.
5. Once frozen, thaw the mixture a bit and then put it in your blender. Add some water if needed. Enjoy!

## SUMMER HOURS

Please be aware that in the months of June, July, and August, Northvale Borough offices will be closing at 1 PM every Friday. The McGuire Senior Center will be closing promptly after Friday Bingo, around 2:30 PM.



Mayor McGuire has invited organizations around town to sign up for Northvale's America 250 Food Drive. The McGuire Center is teaming up with the Golden Age Club to collect 250 items for local food pantries. You may donate everything from canned and packaged goods to toiletries to gift cards. Please drop off all donations in the boxes located in the rear of the Center, right outside Michelle's office.



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# Movies Shown Every Tuesday @ 11:30 AM (Refreshments Provided)



## June Movies: Female Friendship Films of the 1990s

**June 2: No Movie** (Center Closed for Primary Election)

**June 9: Fried Green Tomatoes** (Starring Kathy Bates & Jessica Tandy)

On one of trapped housewife Evelyn Couch's Wednesday nursing home visits, she encounters Ninny Threadgoode, a colorful old woman who brightens Evelyn's outlook by sharing tales from her past. As Ninny recounts the exploits of her free-spirited sister-in-law Ildgie, owner of a small Alabama café in the 1920s, and the bond Ildgie shared with her friend Ruth, Evelyn gains the confidence to change her own life for the better.

(1991) Rated: PG-13 – Comedy/Drama – 2 hr 10 min

**June 16: Sister Act** (Starring Whoopi Goldberg & Maggie Smith)

When lively lounge singer Deloris Van Cartier sees her mobster beau, Vince LaRocca, commit murder, she is relocated for her protection. Set up in the guise of a nun in a California convent, Deloris proceeds to upend the quiet lives of the resident sisters. In an effort to keep her out of trouble, they assign Deloris to the convent's choir, an ensemble that she soon turns into a vibrant and soulful act that gains widespread attention.

(1992) Rated: PG – Comedy/Family – 1 hr 40 min

**June 23: Little Women** (Starring Winona Ryder & Susan Sarandon)

In this 1994 adaptation of Louisa May Alcott's classic, the March sisters confront growing pains, financial shortages, family tragedies and romantic rivalries in mid-19th-century Massachusetts. Jo struggles for independence and sometimes clashes with her beloved mother and her sisters Meg, Amy and Beth. She also contends with their cranky Aunt March, their impulsive neighbor Laurie and kindly linguistics professor Friedrich Bhaer.

(1994) Rated: PG – Family/Romance – 1 hr 55 min

**June 30: How to Make an American Quilt** (Starring Winona Ryder & Ellen Burstyn)

Soon-to-be-wed graduate student Finn Dodd develops cold feet when she suspects her fiancé is cheating on her. In order to clear her head, Finn visits her grandmother, Hy, and great aunt, Gladys Joe Cleary, in Grasse, California. There, Finn learns that Hy and Gladys Joe are members of a group of passionate quilters, and over the course of her visit she is regaled with tales of love and life by women who have collected rich experiences and much wisdom.

(1995) Rated: PG-13 – Comedy/Romance – 2 hr



### Catharine "Caty" Greene: Eyewitness to the American Revolution



*Catharine Littlefield Greene Miller  
by James Frothingham, 1809*

Carol Simon Levin portrays  
Catharine "Caty" Greene,  
the indomitable wife of Nathanael Greene,  
one of Gen. George Washington's  
most valued officers.

Known as a witty raconteur, she enlivened the  
spirits of officers and troops alike  
as the war ranged from New Jersey  
to South Carolina, famously dancing for 3 hours  
straight with George Washington.

Her pluck and spirit carried her through  
victories and tragedies not only during the war  
but throughout a remarkable life  
of resilience and reinvention.

## Thurs. June 4, 2026

### 4:30PM

Call 201-768-4784 to register



# TIME AND TECHNOLOGY

WITH BRUCE HAMMER



The world is a very different place now than it used to be. Technology has fundamentally reshaped how humanity communicates, works, and connects.

This presentation will explore defining technological milestones across history, and what impacts they will have on the future.

**Monday, June 8<sup>th</sup>**

**12:30 PM**

**McGuire Senior Center**

An afternoon with a

# VIETNAM VETERAN

Robin Bartlett lives right next door in Norwood, NJ. He served as a Combat Infantry Platoon Leader at the height of the Vietnam War from 1968-69. He led 28-32 soldiers on helicopter combat assaults and search and destroy missions with the famed 1<sup>st</sup> Cavalry Division (Airmobile). His book, Vietnam Combat: Firefights and Writing History, relates his unusual experiences during the war... some horrific, some humorous. The book has won awards from the Military Writers Society, the Army Historical Foundation and the Independent Publishers Association. Join us to hear Robin's story and have a chance to buy a signed copy his award-winning book.

**Thursday, June 18<sup>th</sup>**

**12:15 PM**

**McGuire Senior Center**

# Neurographic Art

## with Theresa

Neurographic art is a therapeutic, meditative art form developed in 2014 by Russian architect Pavel Piskarev. It blends psychology with creativity to reduce stress and unlock the subconscious. Join Theresa to learn more about this practice and give it a try! No prior art experience is required.

**Thursday, June 4<sup>th</sup>**  
**10:00 – 11:30 AM**  
**McGuire Senior Center**

# AI Benefits

*For Those Aging at Home*

Artificial Intelligence, or AI for short, has both dangers and benefits. In many ways, it can be very useful. But how can it help **you**?

This presentation will explain how you can use AI to prepare for a doctor's visit, develop a financial plan, fix computer problems, and more.



**Monday, June 22<sup>nd</sup>**  
**1:00 PM**  
**McGuire Senior Center**